

## Useful Resources

Below are QR codes that you can scan with your phone camera to download or bookmark these amazing apps and websites on your smart phones.



St. Casimir at Canton & Patterson Park Website



St. Casimir at Canton & Patterson Park Facebook



My Parish – The App for Catholic Life Every Day (be sure to register under St. Casimir)



Word on Fire Catholic Ministries Website (Catholic articles, videos, podcasts, and on-line bookstore)

## Stations of the Cross



The Stations of the Cross, also known as the Way of the Cross or *Via Crucis*, commemorate Jesus's passion and death on the cross. There are 14 stations that each

depict a moment on his journey to Mount Calvary. **Stations of the Cross will be held at St. Casimir Church at 7:00 pm on March 10, March 24, and at 12:00 Noon on Good Friday, April 7, 2023.** The practice began as pious pilgrims traced his path through Jerusalem on the Via Dolorosa. During the 15th and 16th centuries, the Franciscans began to build a series of outdoor shrines in Europe to duplicate their counterparts in the Holy Land

for those who could not make the trip to Jerusalem. In 1686, Pope Innocent XI granted to the Franciscans the right to erect stations within their churches. In 1731, Pope Clement XII extended to all churches the right to have the stations, provided that a Franciscan father erected them, with the consent of the local bishop. At the same time the number of stations was fixed at fourteen. The objective of the Stations is to help the Christian faithful to make a spiritual pilgrimage through contemplation of the Passion of Christ. It has become one of the most popular devotions in



the Church. One of the most beautiful versions of the Way of the Cross was written by St. Alphonsus Liguori. If you are unable to personally attend the

Stations of the Cross, scan this QR code to watch a Youtube video of St. Alphonsus' Stations.

## Daily Mass

The Season of Lent is a great time to start attending daily Mass. **Daily Mass at St. Casimir is held at 8:00 am in the St. Joseph Cupertino Chapel, except twice a month on Fridays, when it is combined with the St. Casimir School's Mass in the main Church, or as otherwise announced or published in the bulletin.**

What? Go to Mass more than once a week? That's crazy talk! Well, that might be true if one does not believe that Jesus Christ, the son of God, died for our sins so that we might be saved. But, as baptized and confirmed Catholics, we do believe Christ died for our sins, to save us (that is the central tenet of our faith), so isn't it utter craziness to think that spending only one hour a week with the Lord is enough?

In the Lord's Prayer, Jesus taught us to pray to Our Father, "*Give us this day our daily bread.*" Well, he does that every day, Monday through Saturday, at daily Mass. "And this may be understood both spiritually and literally," wrote St. Cyprian, "because either way of understanding it is rich in divine usefulness to our salvation. For Christ is the bread of life; and this bread does not belong to all men, but it is ours. [W]e call it 'our bread' because Christ is the bread of those who are in union with His body. And we ask that this bread should be given to us daily, that we ... may not... be separated from Christ's body." Treatise 4, Paragraph 18 - On the Lord's Prayer, c. 252 AD.

In addition to receiving the Eucharist, hearing the Word of God proclaimed and explained every day fosters a deeper understanding of scripture and the desire to know more. The Word becomes alive in your heart and you find yourself pondering something that you heard later in the day. Daily Mass can really focus your mind and set the tone for whatever is coming at you that day.

Even if you cannot make the 8:00 am daily Mass at St. Casimir, there may be other Catholic Churches that offer daily Masses at times and locations that fit your schedule. If your schedule simply doesn't allow you to attend daily Mass in person, consider carving out 30 minutes of your day to watch one of the hundreds of recorded daily Masses available on-line or shown on television, or to reflect on the daily scripture readings and psalms.

## Saints of the Week

**Below are QR codes that you can scan with your phone to read and listen about the lives of some of the Saints and Beatified we as Catholics honor this week.**



**March 6 – St. Mary Ann of Jesus of Paredes.** Born in Ecuador in 1534, she founded a clinic and a school for Africans and indigenous Americans, she died while nursing during a plague.



**March 7 – Sts. Perpetua and Felicity.** Perpetua, a noble woman, and her slave Felicity, refused to renounce their Christian faith during a Roman persecution and were beheaded.



**March 8 – St. John of God.** A former soldier, he established a house where he tended to the sick poor.



**March 9 – St. Frances of Rome.** Born wealthy, Frances lived a life of service and prayer, and used all her money and possessions to help the poor.



**March 10 – St. Dominic Savio.** Joined St. John Bosco at age 12, helping him in his work with neglected boys. Dying young, he is the patron of choirboys and juvenile delinquents.



**March 11 – St. John Ogilvie.** A Jesuit Priest, he was martyred in Scotland for ministering to Catholics and refusing to reject his Catholic faith in the early 1600s.



**March 12 – Blessed Angela Salawa.** Born in Poland, she cared for wounded prisoners without regard for their nationality or religion during World War I.